



## 10.5.2021: Meeting Agenda

**Attendees:** Nisha Patel, Robyn Wiens, Beth Deutsch, Jenny Schwartz, Trish Martinez, Chris Win, Rachel Gasawski, Addi Dumlao, Toni Siering, David Morris, Noah Arnow, Jaime Hoff, Ali Lenger, Al Thuet

**I. Welcome & Introductions: 4:00-4:05** *Kim Sherony sent out a doodle poll for options of monthly meetings and the winner was hybrid: in-person with option to zoom.*

A. Objectives

1. Learn more about new substance trend, Delta 8 THC
2. Begin work in breakout rooms to address coalition/community needs

B. Special welcome to Dr. Patel

**II. Approve meeting minutes: 4:05-4:06** *Meeting Minutes were approved.*

**III. New Business, Social Media & Coalition Update: 4:06-4:10; Ali Lenger reported:** *FB is up and instagram had little bit foundation drive/ HC.; Boosted Post for Talk about it. Kim Sherony reported that "Ode to be drug free" curriculum now added to all 5th grade @SDC. There was no drug prevention curriculum in 5th grade prior to this year.*

**IV. Youth Coalition Update: 4:10-4:15** *:WMS student rep Addi Dumlao spoke and said they made posters for HC, parade and are now planning Red Ribbon Week. WMS youth coalition has a meeting on 10/6.*

**V. What is Delta 8 THC?-Jaime Hoff from PreventEd 4:15-4:30** *it's Hemp; hemp is cannabis. Law doesn't differentiate between the two. Hemp has a THC content of .03% and has CBD in it too. DELTA 8 is made in the lab: CBD is dissolved in a solvent and acid is then added; It is up in Youth since 2018; 39% of poison control center calls in last 6 mo's were under 18 yr olds symptoms vomiting and inability to stand. Effects can be similar to delta-9; difficulty breathing, uncoordinated movement & decreased psychomotor activity; It Can lower blood pressure. Is Delta 8 legal? Grey area. Outside of what the law allows. Delta 8&10 are less potent than Delta 9, but more added ingred's. In Delta 8; it can come in gummies, vaping etc. Robyn Wiens asked if Prevent Ed was aware if there has been an increase of Delta 8 in the STL area and Jamie said that she is not aware of that.*

**VI. Breakout Rooms: 4:30-4:50**

A. Events Work Group:

1. Based on our action plan for DFC Goal #2, generate a list of ideas for events.
2. In your list, include who the target audience would be, location & goal of the event.

**B. Policy & Advocacy Group:**

1. Review social host ordinance as a group.
2. Discussion Questions:
  - a) What are the strengths of this social host ordinance?
  - b) What are areas of improvement?
  - c) What are new recommendations that would be realistic for law enforcement to implement?
  - d) What additional information do we need for the next meeting?
  - e) What questions do we have?

- C. Large Group Share: Each group will report out to the whole group what was discussed and next steps.

**Events Large Group Share Summary by Ali Lenger:**

*"Mock Crash" Substance Abuse Program (not specific to any group) - A few members of the coalition have seen demonstrations where before a big event such as prom or graduation where the risk of substance use is higher, a wrecked car is brought and a presentation or skit is done about the dangers of substance use during these types of events.*

*Parent Teacher Conferences - As we are having the "Hidden in Plain View" exhibit at the next Parent-Teacher Conferences, we should continue to partner and host a table and pass out information at these conferences. We could even provide teachers with pamphlets to pass out during their conferences if they are interested.*

*Alternative Afterparty - We could partner with places such as the Center of Clayton or a local rec center to host "afterparties" or activities for students after a big event such as prom or graduation. These can be a safer alternative with fun activities that youth could attend instead of attending other activities that may be higher risk. Toni said these types of events have been done in the past, she is interested in reviving them, but they have slowed down the past 10 years or so.*

*Video/C-Span Contest - We could host a contest for students to make videos based on a specific topic about the dangers of substance use whether it comes to alcohol, cannabis, or another substance.*

**Policy Large Group Share Summary by Robyn Wiens:**

*Al Thuet reported that Clayton Police has only issued 1 Social Hosting violation this year. Clayton's social host policy is "Failure to Supervise Minor" section 215.605. Jenny Schwartz said that they are often called for peace disturbances.*

*Then it is up to the officer whether or not they're going to issue a citation. This policy is separate from Minor in Possession; Jenny will get data on MIP violations; Al's going to get copies of what other Municipalities' Social Hosting Law and will reconvene in work group to compare and make suggestions for Clayton's.*

**Meeting Norms:** 1. Assume goodwill 2. Come ready to engage to the fullest of your ability 3. Challenge ideas not people 4. Start & end on time 5. Everyone's opinion matters & should be heard 6. Give others opportunities to speak 7. Utilize & share resources 8. Look for opportunities to collaborate

**Important Dates:**

- Oct. 18, Caring for Head & Heart-High Performance Culture w/ Dr. Tim Bono  
6:00-7:00 virtual
- Oct. 21, Hidden in Plain View-Wydown Middle 4:00-7:30
- Oct. 26, Caring for Head & Heart-Social Media & Mental Health w/ Dr. Ram Chettiar,  
6:00-7:00 virtual

**Next Meeting: November 2, 4:00-5:00 location TBD**

**#2 Mark Twain Circle**

**We meet the 1st Tues. of the month**

**The mission of the All In Clayton Coalition is to keep Clayton youth safe from the effects of substance misuse. Our vision is to be a community that prioritizes substance use prevention as a vital part of developing healthy, thriving young people. Our key objectives** •Prevent substance use among Clayton youth. •Reduce the prevalence of substance use disorders in Clayton. •Educate the Clayton community on key issues related to alcohol and drugs. •Advocate for policies and practices that prevent substance use among Clayton youth.

*Common Acronyms: DFC (Drug Free Communities), CADCA (Community Anti-Drug Coalitions of America), ONDCP (Office of National Drug Control Policy), NCA (National Coalition Academy), MSS (Missouri Student Survey)*